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# **Spinal Cord Injuries of Sports Person Awareness**

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**ABSTRACT:** Spinal string wounds (SCI) are most ordinarily coming about because of street auto collisions, tumbling from a tallness, high speed crashes and specific kinds of games mishaps. Despite the fact that sport related SCI is uncommon, still it conveys a high rate of mortality and horribleness which restricts the day-today and game exercises of the competitor as a result of the changed personal satisfaction that regularly goes with such damage. In this exploration, the center is to assess the mindfulness about SCI among school competitors. Self-managed polls were appropriated among 243 school competitors (12-20years) of the two sexes (guys 50.2%, females-49.8%) in 10 schools in Kandy instructive zone in Central Sri Lanka. Reactions for the polls were broke down to decide the information in regards to life systems, etiologyand clinical highlights of SCI and in addition taking care of and exchanging procedures of a competitor with SCI.

**KEYWORDS:** Spinal Cord Wounds.